

- **You do not need these exact products (minus the lipstick, we must all be the same shade- Maybelline Super Stay Matte Ink "Pioneer") These are just our recommendations. Everything you need can be purchased from **Shoppers Drug Mart**
- **Optional Spray Tans Miss Taylor will be offering spray tans at the studio right before competitions, if you're interested in getting a spray tan before competition inquire with her! Although this is not required, it is highly recommended

Brushes and Tools you will need:



Big Fluffy Powder Brush for bronzer



Angled Blush Brush



Beauty Blender for blush and highlight for foundation and concealer my fav is from Walmart "Real techniques"



Eyeshadow Brushes for eyeshadow this can be found at Walmart "real techniques" brand is amazing for all brushes!







1. Foundation- Maybelline Fit Me

- Put on moisturizer first before foundation (because they look washed out and costumes are so bright) get applicator from amazon/Walmart "real techniques"
- **If using a beauty blender- squish it in water first, then squish out the water and then squeeze with a towel
 - Should match dancer's skin
 - o Use a beauty blender or foundation brush to blend
 - o Blend into neck and hairline to avoid the line of demarcation
 - Put foundation on eyelids too this makes the eye shadow stay all day
 - o Blend into neck
- Foundation and then concealer (under eyes, on eye lids and blend out) wet sponge first, wring out and then dry with a towel
 - If getting a spray tan get foundation 1 or 2 shades darker then natural skin

2. Concealer

- This goes under eyes, eyelids, or any imperfections on the skin (redness or pimples)
 - o Blend out with Beauty Blender or foundation brush

3. Bronzer

- Evens everything out
- Apply this to tops of cheek bones up into hair line/ears
- Apply to forehead into hair line
- Apply on jaw line and blend down to avoid line of demarcation
- Apply using a big fluffy powder brush

4. Blush

- Apply on the apples of the cheeks
 - Don't be afraid to apply lots, we want to see the rosy cheeks from the back of the theatre
 - Apply using a blush brush

5. Eyebrow Pencil- NYX Brow Pencil in "Ash Blonde" or "Taupe"

 If your dancer has fair skin with light hair, please fill in outer corners of brows to elevate their facial expressions on stage

 Use light strokes to create a natural look and use the brow spoolie on the other end to blend

6. Eyeshadow

- Use a shimmery light shade all over the eyelid and blend all the way up the eyebrow
- Use a darker shimmery shade and apply to the outer corner of the eyelid, blend
 in
 - To avoid a line in the middle of the eyelid, blend colours together with a shadow brush
 - Use a small eyeshadow brush

7. Eyeliner (THIS IS A MUST!!)- Physicians Formula Eye Booster

- Apply BEFORE lashes to avoid any gaps on eyelid along the lash line and sightly past
- Apply on bottom lash line- outer corner to 1/3 of the way in
 - o Can apply eyeliner after lashes are on as well, but you must put it on before

8. Lashes and Glue- Ardel Lashes is my favourite brand (something BOLD and DRAMATIC) and Duo BLACK Lash glue- easiest with the brush on the end

- Take the lashes off the template with tweezers and measure the last against your dancer's eye (eye closed)
 - Cut the lashes to fit their eye if need be
- Apply glue to the false lashes along the base of the lashes- apply extra glue on the inner and outer corner of the false lash, that is typically where they peel up
 - Wait until the lashes get tacky before you apply to the eye (20-30 seconds)
- Apply the false lashes along the lash line between your dancers' eyelashes and eyelid- it makes it easier if you use tweezers to grab the false lashes to apply (NOT UP ON THE EYELID) this is uncomfortable and creates a shadow on your dancers' eyes on stage- we do not want this!
 - Tell your dancer to keep their eyes closed now until the very end so the glue has time to dry

9. Highlight

 While the eyelash glue is drying and dancers' eyes are closed, apply highlight to the top of their cheek bones, bridge of nose and tip of nose (a little goes a long way)

10. Mascara

- You can either apply this while eyes are closed or get your dancer to look straight forward with their eyes open and gently wiggle the lash wand through the lashes to coat both the false lashes and natural lashes.
 - We want the natural lash and false lash to join together
- Apply mascara to the bottom lashes- focus on outer 1/3 corner of the eye to create an open eye look

11. Lipstick

- Create small humps on your dancers' cupids bow to give them a little extra top lip
- Apply balm or gloss on top if lips are dry
 - Lipstick will fade as the day goes on, please be aware of this and reapply before each dance if necessary
 - When in doubt, just re-apply a fresh coat

12. Setting Spray

- This step is not required, but super helpful if your dancer is dancing all day
 - This will help makeup from fading
 - Apply a couple sprays all over the face

**If you notice your dancer's makeup is fading throughout the day, please make sure you are touching up makeup when necessary. Just because you apply setting spray, it does not mean that the makeup is going to stay all day. Movement and sweat will make the makeup fade and it is your responsibility to have your dancer looking their best for the stage!:)